

## **Sunflower Carrier Oil**

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Healthy, natural sunflower oil is produced from oil type sunflower seeds. Sunflower oil is light in texture and appearance and supplies a large quantity of Vitamin E. Sunflower oil is good for all skin types for use in beauty and skin care. However, it should be diluted with another carrier oil such as sweet almond.

It is lightweight oil making it a perfect choice for bath oils, scrubs, and muds, but is not as suitable for massage due to the absorption rate.

Natural vegetable and nut oils are used as carriers for:

- Essential Oils
- Actives
- Exfoliants
- Herbs

Carrier Oils are used in:

- Salt Glows
- Sugar Glows
- Hand and Foot Soaks
- Aids in Mud Removal - Mix with mud prior to application.