
Peppermint Foot Scrub

Description

An exclusive blend of the most healing and stimulating ingredients, along with natural scrubbing granules, thoroughly cleanse and soften the feet. The refreshing aromatic burst of peppermint gives an overall feeling of energy and well-being.

Skin Type: All skin types.

Benefits:

- ❑ Exfoliates dead skin cells.
- ❑ Leaves your client with an overall feeling of energy and well-being.



Ingredients

Steam Distilled Water, Herbal Infusion Of Organic Herbs: Cat's Claw, Passion Flower, Pau D'arco, Sunflower Oil, Cetearyl Glucoside, Glyceryl Stearate, Jojoba Oil, Vegetable Glycerine, Caprylic Acid, Glycine, Almond Oil, Grapeseed Oil, Peppermint Oil, Patchouli Oil, Clary Sage Oil Xanthan Gum, Bergamot Oil, Lecithin, Tocopherol, Lemon Oil

Almond Oil	An emollient with soothing properties.
Bergamot Oil	Antiseptic and fungal growth inhibitor. Good for oily and acneic skin.
Caprylic Acid	An oil liquid. Occurs naturally as a fatty acid in sweat, milk, and palm and coconut oil.
Cat's Claw Herb	Cools inflammation. Enhances the immune system.
Cetearyl Glucoside	An emulsifier and surfactant.
Clary Sage Oil	Cell regeneration for all skin types.
Glyceryl Stearate	An emulsifier that assists in forming neutral, stable emulsions. It is also a solvent, humectant.
Glycine	An amino acid used as a texturizer.
Grapeseed Oil	Has moisturizing and nourishing properties due to its high linoleic acid content.
Jojoba Oil	A moisturizer and emollient. It reduces transepidermal water loss without completely blocking the transportation of water vapor and gases, providing the skin with suppleness and softness.
Lecithin	A natural emollient, emulsifier, and antioxidant. It is a hydrophilic ingredient that attracts water and acts as a moisturizer.
Lemon Oil	Considered to be a counterirritant, antiseptic, depurative, and lymphatic stimulant.
Passion Flower Herb	Sedative, antispasmodic, tranquilizing.

Patchouli Oil	Has astringent, anti-inflammatory, and decongestive properties. Also considered a tonic and stimulant in low doses and a stimulant in high doses. Good for acne, aged, and chapped skin.
Pau D'arco Herb	Healing - good for skin problems.
Peppermint Oil	Has refreshing, cooling, bactericidal, and anti-irritant properties. Also used as a fragrance.
Steam Distilled Water	Water that has been processed to eliminate minerals and impurities.
Sunflower Oil	Softens and smoothes the skin. Contains a high amount of linoleic acid and other essential fatty acids. It also contains lecithin, carotenoids, and waxes.
Tocopherol	An important oil-soluble antioxidant and free-radical scavenger when applied topically. It is also has photoprotectant capabilities and helps protect the cellular membrane from free-radical damage. It also serves a preservative function due to its ability to protect against oxidation.
Vegetable Glycerine	A solvent, humectant, and emollient. It absorbs moisture from the air.
Xanthan Gum	Texturizer, carrier agent, gelling agent. Stabilizes and thickens formulations.

Usage Instructions

1. Use before any foot treatment on dry skin.
2. Place a small amount of the scrub in the palm of the hand, using both hands warm the scrub and apply to the feet, paying special attention to the heels and bottoms of the feet.
3. Remove scrub and follow with Peppermint Foot Crème.

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