Marble Stone Sets

Description

Cold is the most important temperature you can work with as a therapist. Marble stones are ideal for therapists who wish to introduce cold stone therapy to their treatments. Cool Stones have the following **benefits** for your clients:

- □ Minimize soreness when working deeper.
- Pulls excess heat out of the body from longer sessions (excess heat could cause a client to become nauseous).
- □ Can help strengthen the systems of the body on a cellular level by challenging our standard body temperature.

Basic Body Set

The Basic Body Set is ideal for massage therapists who wish to introduce cold stone therapy to their full-body and deep tissue treatments. The round stones are great for effleurage, petrissage, and can also be used as placement stones to reduce swelling. The Single Taper Oblong Stone is used for trigger point, deep tissue, and compression work.



The set includes:

- □ 2 Small Round Stones 2.5" L x 2.5" W x 1.0" Thick
- □ 2 Medium Round Stones 3.0" L x 3.0" W x 1.0" Thick
- □ 2 Single Taper Oblong Stones 4.5" L x 1.5" W x 1.0" Thick

Marble Basic Effleurage Set

Ideal for therapists who wish to introduce cold stone therapy to their full-body treatments. The round stones are great for effleurage, petrissage, and can also be used as placement stones to cool off areas of swelling.

The set includes:

- 2 Small Round Stones 1.825" L x 0.75" W x 0.375" Thick
- □ 4 Medium Round Stones 3.0" L x 3.0" W x 1.0" Thick





Marble Facial Starter Set

The Facial Starter Set is ideal for therapists who wish to introduce cold stone therapy to their facial treatments. The Crescent Eye, Small Cheek, and Small Face stones can be used as placement stones to help reduce puffiness and swelling around the eyes and cheeks and to relieve sinus pressure as well. They can also be used as working stones. The Small Face stones are ideal for massaging



the face, ears, and neck. They can also be used around the eyes and lips using gentle effleurage strokes. The Neck/Pillow stone is a placement stone for under the neck and should be placed under a towel or pillowcase so as not to burn the client. This stone is used when a client gets overheated and can also be used on a client that has a headache.

Set includes:

2 Crescent Eye Stones - 2.5" L x 2.5" W x 1.0" Thick

2 Small Cheek Stones - 1.875" L x 1.5" W x 0.25" Thick

2 Small Face Stones - 2.0" L x 2.0" W x 0.375" Thick

1 Neck/PillowStone - 5.25" L x 2.5" W x 1.5" Thick

SKU #

- CST59 Marble Basic Body Set 6 piece
- CST60 Marble Basic Effleurage Set
- CST61 Marble Facial Starter Set 7 piece