

## Citrus Mint Scrub

**Orange peel and peppermint leaf** – brightens the skin and warms the complexion

*To be mixed with Pink Grapefruit Sweet Soy Oil or Midnight Honey*

*Professional Use Only*



Net wt. 32 oz.  
in PET Jar

**INSPIRATION:** The same lovely aesthetician in Birmingham, Alabama, who shared her age-old recipe for lovely, healthy skin throughout the years (her own complexion glowed still at 80!) swears that the best exfoliating scrub she has ever known, store bought or not, is cornmeal. Used for centuries, the smooth, well-rounded cornmeal grain has been used to scrub away the dry, flaky outer layer of skin without using abrasives that can tear and irritate sensitive skin.

Gentle and available organically, mix the Scrub with any of our Sweet Soy Oils or Remedy Oils, to activate the whole organic herb to bring health and beauty benefits to the body through an external herbal “poultice” application.

Keep in a cool and dry storage area.

**INGREDIENTS:** yellow cornmeal, orange peel\*, peppermint leaf\*, steeped- sea salt (added for natural preservation). (certified organic ingredients\*)

Yellow Cornmeal	Cornmeal is made from corn, and used traditionally as a gentle exfoliate. This age-old method of removing dry, flaky surface skin is highly effective. Each grain of cornmeal is a soft, round granule, unlike salt crystals with their jagged edge that can be irritating to sensitive skin. The rolling of each grain on the skin during external application not only exfoliates and stimulates circulation; it feels wonderfully invigorating to the entire system.
Steeped Sea Salt	Solar salt is produced by the action of sun and wind on seawater in natural salt lakes and oceans. The water evaporates in successive ponds until salt crystallizes on the floor of the “ponds”, where it is harvested. Known for their re-mineralizing, water-softening properties, solar salts provide the perfect environment for a therapeutic salt bath.
Orange Peel	Orange wax is the semi-solid wax taken from orange rinds. The wax sourced by Farmaesthetics is derived without solvent extractions or chemical reactions, making it an all-natural ingredient. Orange wax as found in orange peels protects the fruit against the environment, allowing it to breath, while maintaining its essential water balance. When applied to the skin, it works in much the same way, making it a wonderfully emollient, gently protective ingredient, perfect for use around tender eye tissue.
Peppermint Leaf	Cools the skin. Relieves the discomforts of heat rash. Reduces the itch and sting of insect bites. The menthol in the leaf and oil provides a sense of relief and refreshment to most skin irritations, as well as providing sinus relief to a congested nose.

**BENEFITS:**

- Stimulating to the lymph system, strengthening the whole system.
- Increases circulation.
- Invigorate the whole system.
- Buffs the body to a smooth polished glow.
- Introduces properties of herbs and flowers to impart powerful herbal benefits of specific plants to target conditions.
- Herbs and flowers release properties at various times, while exfoliating, infusing the experience with texture and fragrance.

**USES:**

- Scrub to remove rough skin of heels and feet during pedicure.
  - Effective for softening and brightening skin on hands, arms and elbows.
  - Body buff will restore a healthy glow.
  - Support detoxification process.
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