

## **INSPIRATION:**

This highly specialized, non-aromatic herbalist formulation is prepared by hand with organically grown herbs. Unlike typical massage and bath oils made with herbal extracts or aromatic essential oils, Farmaesthetics' Remedy Oils are infused with whole organic herbs. The herbs we choose undergo a traditional infusion process, allowing time

to garner the healing properties inherent in each. The result is significant when used in hot bath soaks and external massage and absorbed through the skin.

## Arnica

Is highly regarded in herbalism for its ability to diminish bruising and swelling in skin tissue. Arnica has a complex chemistry, but simply put, the herb works to affect the blood vessels so that there is rapid reduction of inflammation, the kind associated with injured tissue. A capful used in external massage or in a warm bath soak, is a simple, effective way to introduce Arnica into the system, while at the same time conditioning the skin & improving circulation. Dermatologists are now recognizing the many benefits of Arnica for patients following laser or plastic surgery.

**INGREDIENTS**: sweet soy oil\*, organically grown arnica\* and vitamin e (*certified organic ingredient*\*)

Soy Oil	One of the high-grade, cosmetic grade carrier oils. Especially chosen for its softening, uncomplicated chemistry light enough for massage, yet safe for those with nut allergies. Very emollient and soothing to the skin.
Arnica	Arnica flowers have been used in herbal external preparations for centuries to stimulate blood circulation, helping to decrease inflammation and stagnation. Typically applied to the skin to soothe and heal bruises, sprains, and relieve irritations from trauma, and muscle or cartilage pain. Use to facilitate healing of swollen tissue caused by cosmetic surgery. Best when applied in hot bath soaks, or to warm damp skin with massage, or apply to targeted areas with a warm oil compress. Gentle enough for use on tender facial tissue; powerful enough to treat the whole body.
Vitamin E	Used to stabilize all of Farmaesthetics natural non-aqueous formulations. Benefits in restoring skin's elasticity. Assists in healing scars and preventing stretch marks in skin that is being stretched from pregnancy or weight gain.