

Sweet Milk and Chamomile Flower Facial Exfoliate



4 oz. French square glass bottle

A non-chemical exfoliating treatment that is perfect for all skin types, ages and conditions. Gentle enough to use everyday. Powerful enough to treat even oily or troubled skin prone to breakout.

Milk has been used throughout the ages to enhance beauty. It is well known that even Cleopatra used sweet milk for beautifying and brightening her complexion. Traditional rural cultures have also used sweet milk in beauty treatments, making it as familiar on a dressing table as in the kitchen cupboard. When mixed with *Fine Herbal Cleanser*, our pristine herbal exfoliate makes a creamy, freshly fragrant lather that is easily applied, to remove tired skin cells. Gentle enough to use in daily cleansing, or apply weekly as a "mask", to further the effects of the milk's natural lactic acid to soften, brighten and revive the complexion.

Sweet Milk & Chamomile Flower Exfoliate: Recommended as a mild exfoliate.

INGREDIENTS: dried powdered milk, fine yellow cornmeal & finely ground chamomile flowers* (*certified organic ingredients**)

Milk Powder	Sweet milk is simply fresh milk, as opposed to buttermilk. It's an old-fashioned Southern term commonly used to distinguish between the two in the days before refrigeration, when people churned their own butter and always had buttermilk on hand. The natural "alpha hydroxy" action in sweet milk's lactic acid, is known for its revitalizing effects on the complexion. It is a skin softener and is extremely soothing and calming to inflammation or irritation. It is said that many of the great beauties throughout antiquity used milk for these very purposes.
Cornmeal	Cornmeal is made from corn, and used traditionally as a gentle exfoliate. This age-old method of removing dry, flaky surface skin is highly effective. Each grain of cornmeal is a soft, round granule, unlike salt crystals with their jagged edge that can be irritating to sensitive skin. The rolling of each grain on the skin during external application not only exfoliates and stimulates circulation, it feels wonderfully invigorating to the entire system.
Chamomile Flowers	Chamomile is a soothing, calming herb with anti-inflammatory properties. High in azulene, it is known to be an anti-allergenic agent and is therefore excellent for reducing puffiness around delicate eye tissue.