

Nourishing Herbal Cream™



INSPIRATION:

Skin will deteriorate in a number of ways: age, stress and environmental pollutants (internal and external). When blending, you need to follow the dictates of nature’s logic: if one wants to stimulate and rejuvenate the skin, there needs to be cell renewal. And that requires a cytophylatic essential oil – lavender being the most important of these. Adding lavender to a rich carrier oil like sweet almond, creates the optimal condition for establishing sebum production and for restoring the skin’s natural balance. These natural oils, combined with the powerful restorative properties of aloe vera, calendula, beeswax, vitamin e and the calming properties of rose, produce an active, non-chemical cream for use on face, under eye area and brow, jaw line, neck, chest and décolleté. This cream was created to counteract dullness and crêpey skin texture.

Note: Carcinogenic and toxic pollutants are as damaging when applied externally, as they are when ingested. The fact that there are no chemical additives or preservatives of any kind in this and all Farmaesthetic’ products, is essential to healthy skincare.

RECIPE: sweet almond oil, calendula, witch hazel, aloe vera, lavender and rose essential oils, lecithin, borax

Sweet Almond Oil	A light, odorless, high-grade fruit kernel oil - wonderfully nourishing to the skin.
Calendula	A heady, resinous flower from the marigold family. Calendula one of the most powerful of all the skin-repairing herbs or flowers. It is used to promote fast healing of wounds, scars or burns, including those produced by laser surgery. Farmaesthetics uses Calendula oil as a base for most of its skin oils, creams, salves, and lotions. Farmaesthetics finds this bright golden flower to be nature’s number one herb for restoring and restructuring damaged skin.
Witch Hazel	As a skin tonic, Witch Hazel tightens loose tissue and is an effective astringent and toning agent, especially for skin that is beginning to slack. An excellent cleansing agent for hands, face, and feet. Overall, Farmaesthetics thinks witch hazel is one of nature’s most useful herbs, and it is the perfect base for many of its skincare preparations.
Aloe Vera	A natural oxygenator, drawing and holding oxygen to the skin; it has the same PH as the skin and a composition similar to plasma and seawater. A plant found in the Southwest USA, it is harvested and extracted for use in skincare - for its powerfully healing, soothing, and relieving properties for skin irritations. Aloe is used to treat everything from severe medical skin conditions such as eczema to simply refreshing tired, hot or stressed skin. <i>*Be advised, there are individuals who have reactions to aloe.</i>
Lavender Essential Oil	Lavender is the herb Farmaesthetics uses most in its skincare preparations, as it is the most versatile, with uses ranging from decongestant to sedative. This versatility is due to the complexity of the herb’s chemistry and its numerous active constituents. It is best summed up, as a calming, soothing and above all balancing herb, (that smells wonderful!). It stimulates and rejuvenates the skin and restores the skin’s natural balance in oil production. It also stimulates sore, exhausted muscles and soothes the nerves, while acting as an aromatic astringent.

Rose Essential Oil	The qualities of the rose are historical. It's entirely feminine. Its applications as a support to the female reproductive system are widely recognized. Esteemed equally for its benefits to beauty and health, its over 350 constituents make rose oil a cleansing, purifying, regulating tonic, excellent on aging skin. Rose oil is known to diminish redness on the face caused by enlarged capillaries. Rose is best known however, as the queen of flowers and has a distinct affinity for all that is female: the psyche, senses, and enhancement of sexuality.
Lecithin	Farmaesthetics uses this naturally occurring mixture of acid compounds as an emulsifier and surfactant. High in B Vitamins, it's made from soy oil and prevents oil from separating from the liquid ingredients.

APPLICATIONS and BENEFITS:

- Elegant, yet powerfully restorative face cream for nighttime use and for use when especially dry, chapped or irritated.
- Neck, breast, and décolleté
- Super under-eye cream!
- Nourishing herbal wrap for full body
- Belly and breast cream for pre- and post- natal women to strengthen skin tissue and ward off enduring stretch marks.
- Totally non-toxic and natural, our cream is appropriate for use on nipples and breasts of nursing mothers. Babies don't object to the taste at all and it is safe!
- Appropriate for use in all Ayurvedic facial and body treatments, as it adheres to their precepts of using only ingestible products on the outside of the body, as well as the inside.
- Excellent for soothing and mending skin that is inflamed, dry, or hardened from the effects of chemotherapy, radiation or diabetes.
- For use on anyone allergic to synthetic ingredients.

AS USED IN OUR PROFESSIONAL TREATMENTS:

- **Moisturizing Mask:** Incorporate into all facials especially clients with dry, mature, chapped, or inflamed skin.
 - **Herbal Body Wrap:** for ultra luxurious moisture infusion.
 - **Pregnancy and Post Partum Massage:** Wonderful for pregnancy massage, as this herbal preparation is very beneficial to strengthening the skin of the breasts, belly, and hips to ward off stretch marks and also to treat those marks that have already appeared.
 - **Manicures and Pedicures:** Use on hands and feet to moisturize and treat nail bed and cuticles.
 - **All Facials**
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