

**Herbal Neck Wraps**

The Herbal Neck Wraps contain a blend of 12 aromatic herbs to bring relief to the neck and shoulders. They are designed specifically to fit the contours of the neck. Stays in place while walking, standing, or sitting. They may be used warm or cool.

**Ingredients**

Lavender, valerian root, white willow, chamomile, rosemary, peppermint, spearmint, hops, yellow dock, lemongrass, cinnamon, yarrow, premium flax seeds, and other natural materials.

**Usage**

- ❑ Never allow the Neck Wrap to come in contact with the client's skin.
  - ❑ Protect the neck wrap and the client's neck/shoulders a cloth (4x4, thin cloth, etc.) before applying the Neck Wrap.
  - ❑ Always test the Neck Wrap for client comfort before applying.
  - ❑ Heat Therapy – Warm in microwave in 30 second increments until desired temperature is desired. ***Do not overheat: Can scorch or catch fire!***
  - ❑ Cold Therapy. Wrap the Neck Wrap in a towel and place in the freezer for 1-2 hours.
  - ❑ When not using the Neck Wrap for prolonged periods of time, place it in a sealed container or ziplock bag to increase its longevity.
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