



Control  
Corrective  
skincare systems®

## Classic Nourishing Facial *Success Kit*®



Classic Nourishing Facial  
Sensitivity/Redness Collection  
Level 1: Spa Therapy

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**CLASSIC NOURISHING FACIAL *SUCCESS KIT*®**

**Recommended For:** All skin types showing dryness, dehydration, stress, exhaustion, or jet lag. Good for all clients that exhibit “sensitive skin” whether it is due to hormones, sun damage, medications, or genetics, this facial offers gentle, effective exfoliation along with deep hydration and special focus on skin calming and healing.

**Menu Treatment Description;**

This modern update can trace its roots back the grand European spa tradition. Nourishing the skin, relaxing the system, and soothing the soul are all part of this luxurious refresher. Thorough, but oh so gentle, deep cleansing with exfoliating enzymes lifts away dry, flaking dead cells and surface toxins. A massage with an aromatic natural herbal balm, an infusion of botanical serums, and an application of a creamy soothing mask help skin soak up the rejuvenating hydration. The complexion emerges looking fresh, dewy and radiant. Perfect to give as a gift certificate for birthdays, bridal parties, and anniversaries.

**Professional Treatment Description:** This facial incorporates natural enzyme exfoliation to provide immediate pore refining and skin clarity, specialized calming serum application, an aromatherapy shoulder, neck and face massage, and a soothing enzyme mask for the ultimate glow!

**Average Time:** 45-50 minutes

**Suggested Price:** \$75-\$95

**Products**

- ❑ 18 oz. Sensitive Skin Cleansing Milk (CON403)
- ❑ 18.oz. Cucumber Bead Cleanser (CON331)
- ❑ 18 oz. Sensitive Skin Tonic w/ Aloe (CON121)
- ❑ 8 oz. Zyme Peel Powder (CON229)
- ❑ 8 oz. Zyme Peel Activator (CON233)
- ❑ 2 oz. Skin Nourishing Balm (CON117)
- ❑ 8 oz. Sensitive Skin Enzyme Mask (CON412)
- ❑ 1 oz. Redness Relief Serum (CON713)
- ❑ 2.5 oz. Collagen Eye Defense (CON711)
- ❑ 6 oz. Botanical Soothing Cream SPF30 (CON722)

**Additional Recommended Supplies**

- ❑ Cotton Rounds
- ❑ 3 Warm Moist Towels
- ❑ Essential Oils
- ❑ 4 x 4 Gauze or Cotton Squares
- ❑ 4 Fan Brushes
- ❑ Steamer
- ❑ High Frequency
- ❑ Small Glass Bowl
- ❑ Sponges
- ❑ Mask Cup
- ❑ Cotton pads
- ❑ Rubber Mixing Bowl and Spoon
- ❑ Digital Timer

*Replacement products and supplies are available through Universal Companies.*

***Always check your state regulations to ensure that you are practicing within the scope of your license.***

**Procedure****Cleansing Phase – Time: 5-7 minutes**

Step 1 First Cleanse: Begin the facial by cleansing the face while steaming and warming up the skin. Apply **Sensitive Skin Cleansing Milk** and cleanse the face, neck and décolleté.

*Optional: Soak cotton rounds in warm water and spray a small amount of **Soothing Chamomile Eye Makeup Remover (CON728)** (not included in the Classic Nourishing Facial Success Kit) on the cotton rounds.*

Apply moistened cotton rounds to the eyes and wrap your client's face in a warm moist towel infused with an aromatic calming essential oil blend (esthetician's choice). Compress the towel and let your client breathe in the essential oil for approximately 30 seconds. Unwrap the towel and remove the eye pads and excess make-up. Remove the cleanser with the towel.

Step 2 Second Cleanse: Perform a second cleanse with the **Cucumber Bead Cleanser** (skip this step if skin is sensitive or mix with **Sensitive Skin Cleansing Milk**). Wrap the face in a warm towel infused with an aromatic calming blend (esthetician's choice). Remove the remaining cleanser and additionally remove steam from face.

Step 3 Saturate a cotton round with the **Sensitive Skin Tonic** and apply to the entire face, neck and décolleté.

**Skin Analysis and Exfoliation Phase – Time 10 – 15 minutes**

- Step 5 Perform a skin analysis.
- Step 6 Mix 1/2 teaspoon of **Zyme Peel Powder** with 1 teaspoon **Zyme Peel Activator** to create a creamy paste. Mix with a semi-stiff fan brush and warm up under steam. Test the mixture on yourself to make sure it is not too hot, and then apply to your client's skin.
- Saturate cotton rounds with warm water and spray the cotton rounds with **Sensitive Skin Tonic**. Place them on the eye area and over the enzyme mixture on any area where a client may be highly sensitive to steam. This allows for “indirect” warmth. Steam the skin for 7 – 10 minutes, and then remove the mask gently with cotton pads or towels.
- Step 7 Perform extractions, high frequency, and/or LED light therapy if appropriate. It is recommended that cold Beauty Globes, Cold Stones, or a cool barber wrap towel be applied for several minutes after extractions to soothe sensitive skin.
- Step 8 Spray **Sensitive Skin Tonic** onto a cotton pad and apply to the skin to hydrate and soothe and restore the skin's pH balance.

**Massage Phase – Time 10 minutes**

- Step 9 Perform a facial massage with **Skin Nourishing Balm**. Apply a very small amount to your hands, warm the product up under steam, and begin the massage. There is no need to remove excess oil unless you want to tissue off the excess.

**Mask Phase - Time 10 - 15 minutes**

- Step 10 Using a fan brush, liberally apply a teaspoon of the **Sensitive Skin Enzyme Mask**. Leave the mask on for 7-10 minutes. It is recommended that an additional shoulder, neck, and/or scalp massage be performed at this time for approximately 5 minutes while the mask is on the face.

**Hydrate and Moisturize Phase - Time 3 - 5 Minutes**

- Step 11 Apply a small amount (2-3 cc) of **Redness Relief Serum** to your hands and then massage into face, neck, and décolleté.
- Step 12 Finish the facial with a light application of **Collagen Eye Defense** and **Botanical Soothing Cream (SPF 30)**.

**Tips:**

If your client exhibits extreme sensitivity, the **Sensitive Skin Enzyme Mask** can be lightly steamed on the skin instead of traditional enzymes.

**Sensitive Skin Cleansing Milk** contains *lactic acid*, which helps facilitate a better cleanse and absorption than many other cleansing milks – a good point for the client whose skin is in need of a “milky” cleanser but who is concerned about its effectiveness.

**Tricks:**

While steaming, a rotary brush can be used with the **Zyme Peel** mixture for those clients who have excess oily build up. This increases the intensity of the peel...more effectively “digesting” oils and excess sebum.

For highly reactive skin, apply **Redness Relief Serum** prior to **Zyme Peel** mixture to reduce any dehydration. Use only soft clothes when removing products from a client’s face that has very sensitive skin.

**Recommended Follow-Up Spa Treatment**

- ❑ 1 x per month

**Spa Prescription**

Increase revenue after this wonderful treatment by prescribing complementing home-care products and in-spa treatments. The handy *SpaScriptive*<sup>®</sup> pad in your kit is easy to fill out, easy for clients to follow, and allows you to keep a copy for your records.

**Recommended Home Care Products**

- ❑ Ultimate Repair Skincare Kit
- ❑ Reverse and Energize Skincare Kit
- ❑ 6.7 oz. Sensitive Skin Cleansing Milk (CON403)
- ❑ 6.7.oz. Cucumber Bead Cleanser (CON330)
- ❑ 6.7oz. Sensitive Skin Tonic w/ Aloe (CON120)
- ❑ 2 oz. Skin Nourishing Balm (CON117)
- ❑ 2 oz. Sensitive Skin Enzyme Mask (CON411)
- ❑ 1 oz. Redness Relief Serum (CON713)
- ❑ 0.5 oz. Collagen Eye Defense (CON710)
- ❑ 2.5 oz. Botanical Soothing Cream SPF30 (CON714)

**Retail Opening Order**

Item #	Description and Size	Wholesale	Quantity	Amount
CON402	Sensitive Skin Cleansing Milk 8.7 oz.	\$12.00	6	\$72.00
CON120	Sensitive Skin Tonic w/Aloe 8.7 oz.	\$12.00	6	\$72.00
CON220	Hydrant Stabilizer 2.5 oz. 	\$13.00	3	\$39.00
CON219	Calming Balm 2.5 oz.	\$15.50	3	\$46.50
CON714	Botanical Soothing Cream 2.5 oz.	\$24.00	6	\$144.00
CON713	Redness Relief Serum 1 oz.	\$24.00	6	\$144.00
CON102	Growth Factor Treatment Cream 0.5 oz.	\$18.00	3	\$54.00
CON411	Sensitive Skin Enzyme Mask 2 oz.	\$22.00	3	\$66.00

**COMPLIMENTARY with OPENING ORDER PACKAGE**

	Samples	\$0.65	55	\$35.75
CON227	Tester - Calming Balm 2.5 oz.	\$15.50	1	\$15.50
CON202	Tester - Botanical Soothing Cream 2.5 oz.	\$24.00	1	\$24.00
CON219	Tester - Redness Relief Serum 1 oz.	\$24.00	1	\$24.00
CON216	Tester - Growth Factor Treatment Cream .5 oz.	\$24.00	1	\$24.00
CONCBSR	Sensitivity/Redness Consumer Brochure (25)	\$7.00	1	\$7.00
CONBBH	Branded Brochure Holder	\$15.00	1	\$15.00
CONLPE	Counter Card	\$5.00	1	\$5.00
CONBWD	Branded CC Window Decal	\$5.00	1	\$5.00
	<b>Total</b>			<b>\$792.75</b>
	Opening Order Complimentary Materials			\$155.25
	<b>Your Cost</b>			<b>\$637.50</b>

 **CORE COLLECTION PRODUCTS**



**Complementary Treatments**

- Smoothing AHA Body Peel (Available as a Success Kit from Universal Companies (CON14))
- Natural Stone Massage (Available as a Success Kit from Universal Companies (KMU241)).
- Lash Extensions (Available as a Success Kit from Universal Companies (C1271T)).
- Lash Perm (Available as a Success Kit from Universal Companies (C1125T)).

**Tips for Making the Classic Nourishing Facial a Truly Special Treatment**

- Add an essential oil to the Body and Linen Spray (ESR7573 or ESR7574). Spray it on your linens or use it as an exotic body spray.
- For a special aromatherapy experience, add one of the Water Soluble Essential Oils to the water you use to moisten your facial towels. When the towels are warmed in your hot towel cabi, they will smell fabulous.
- Warm your products prior to applying them to your client’s face/body.
- Perform a hand and/or foot massage while the mask is working.
- Perform a scalp massage while the mask is working.
- While your client is relaxing during the mask portion of the treatment, place cool eye stones, eye pads, or herbal eye pads on their eyes.

### Tips for Enhancing the Effectiveness of the Treatment

- ❑ Communication is the key to enhancing the effectiveness of your skin care treatments. As you build a relationship with the client, you are also educating him or her about their skin problem and how the *Control Corrective Skincare* system and treatments can achieve their desired results. It cannot be emphasized enough that the client must feel understood. **Moreover, the client needs to feel that you have a sincere approach that can help them.** By spending the time needed to educate the client and providing solutions-oriented professional products, you build your own credibility as well as allow them time to process all the information you have shared.
- ❑ When removing the products from clients who have sensitive skin, use a Smooth Chamois, which is gentler (especially for sensitive skin) than towels or sponges. The Smooth Chamois is available from Universal Companies.
- ❑ Performing extractions is much easier when you have good, quality equipment. Universal Companies has a several comedone extractors that can facilitate the process.
- ❑ Using sterile needles is a must when extracting comedones and using a needle holder will make your job easier. Both are available from Universal Companies.
- ❑ Products will be much easier to remove using warm moist towels. In order to always have a ready supply of towels, you may want to invest in a Hot Towel Cabi. Universal Companies has several models available.
- ❑ Analyzing the skin and performing extractions will be easier if you have a good magnifying lamp with a built in light source. Universal Companies has several models available including a Headband Magnifier.
- ❑ The Wood's Lamp is a vital tool to help estheticians diagnose underlying skin conditions. Universal Companies has several models available – a Handheld Wood's Lamp, a Wood's Lamp With Stand, a Skin Inspection Unit, and a UV Skin Analyzer with Camera.
- ❑ Perform a high frequency treatment to spot treat acneic regions.
- ❑ Digital Timers are much more accurate than more traditional bell timers and should be used to time all peels.
- ❑ Use cool stones or Beauty globes to cool the skin after extractions.

### Creating Interest in the Treatment

- ❑ Display the **Classic Nourishing Facial** counter card in relaxation, retail, and/or changing areas to create interest in the treatment.
- ❑ Include a couple of testers of the Control Corrective Skincare products used in the treatment in the display.

**Creating Spa Ambiance**

- ❑ Tuck towels and other supplies out of sight so that your guest is not distracted by utilitarian objects.
- ❑ Place your trash can out of sight and prop the lid open slightly so that the lid won't clang every time you throw something away. The lids of Universal Companies' trash cans have this feature (propping).
- ❑ Functional ambiance - Use bowls, baskets, and utensils from Universal's new collections for your products and to organize your supplies. They are much more visually appealing than rubber bowls and traditional spa caddies.
- ❑ Have a tabletop fountain operating in the treatment room.
- ❑ During the treatment, play music from Universal Companies *Spa Moments*<sup>®</sup> Collection to enhance this getaway for the mind and body.
- ❑ Light an aromatherapy candle to set the desired mood.
- ❑ As an alternative aromatherapy experience, use one of Universal Companies Soapstone diffusers. A battery-operated unit with a plug-in option is also available.
- ❑ Have a salt lamp from Universal Companies operating in the room to cleanse the air.

**Creating Retail Opportunities**

- ❑ Place *Control Corrective Skincare* cleansers and lotions in the restrooms for clients to try.
- ❑ Create a display using retail sizes of each of the recommended home-care products on hand. (At the very least, have them available in the treatment room.)
- ❑ After the treatment, utilize the *SpaScriptive*<sup>®</sup> Pad for prescriptive selling, describing the benefits and usage of each of the Home Care Products.
- ❑ If the client expresses interest in purchasing one or more of the products, take the product from the display and walk with the guest to check out. If they are going to have another treatment, take the product(s) directly to checkout so that they will be there for the guest when they are ready to leave.
- ❑ Prepackage your recommended home care products into kits to make prescriptive selling and retail sales easy!

**Additional Information to Help Sell Recommended Retail Products**

<b>Product</b>	<b>Benefit</b>	<b>Usage</b>
Sensitive Skin Cleansing Milk	Gentle, soothing cleansing milk for sensitive or dry skin. Cleanse the skin without over stripping.	Apply a small amount to pre-moistened skin. Gentle massage in and rinse well with water.
Cucumber Bead Cleanser	A multipurpose exfoliation cleanser containing tiny circular beads that are gentle enough for all skin types.	Apply a small amount to pre-moistened fingers and lightly massage the skin. Rinse with tepid water. May be used once or twice daily in place of soap or other cleansers.
Sensitive Skin Tonic w/ Aloe	A calming and hydrating toner for sensitive skin types.	Using a cotton pad, apply to entire face. Repeat if desired. May be used by all skin types
Sensitive Skin Enzyme Mask	A gentle soothing enzyme based mask that increase hydration and renews skin texture.	Apply liberally with fingers or a fan brush. Leave on 7-10 minutes and then rinse off with water. May be used several times per week if desired to keep the skin glowing.
Redness Relief Serum	A botanical based serum that hydrates, protects, and calms reddish, sensitive skin.	Apply to the face with fingers and massage in until penetrated. May use as often as desired, typically twice daily under your moisturizer or sunscreen.
Collagen Eye Defense	A lightweight, moisturizing eye cream with botanicals, antioxidants, and lipids. Superior hydration that lasts for hours.	After cleansing, apply to the delicate tissue around the eye area. Use twice daily before applying moisturizer.
Botanical Soothing Cream SPF30	A soothing, calming, and hydrating moisturizer in one. Also helps to reduce the appearance of skin flushing, redness, and vascular stimulation.	Apply generously with fingers to your entire face and neck. Use daily to protect, heal, and calm the skin.

## Sensitive Skin Cleansing Milk

This sedating cleanser contains moisturizing lipids and other proven soothers. Also ideal after a sunburn or post-laser, post-chemical peel and post-microdermabrasion.

**Skin Types/Conditions:** For sensitive, dehydrated, over-stimulated or rosacea-prone skin

### Benefits:

- ❑ Leaves the skin feeling clean, balanced, and soothed.
- ❑ Provides moisture retention.
- ❑ Help soften and smooth as well as slough off dry surface cells.
- ❑ Calms down over-stimulated skin.

### Usage:

Apply a small amount to pre-moistened skin. Gently massage in and rinse well with water.

**Sizes Available:** 6.7 oz., 18 oz.

### FEATURED ACTIVES:

**Aloe Barbadosis Leaf Juice** - Improves the circulation and regenerates the cells. Its effects are soothing, astringent, and protecting. Aloe has been recognized for many years to also be anti-inflammatory and antibiotic. Aloe is also excellent for sensitive skins, rosacea conditions, and dry skin.

**Lactic Acid** - Used for a thousand years to treat dry and sensitive skin as it smoothes and promotes healing. The multi-purpose benefit of moisturizing and exfoliating make it ideal for clients suffering with acne, surface dehydration, fine lines, and mild hyperpigmentation. Derived from sour milk, lactic acid has a better water intake capacity than glycerin and is agreeable to even the most sensitive skin types.

**Allantoin** - An excellent ingredient for sensitive and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile** - A plant extract, which has many beneficial properties including anti-inflammatory, soothing, decongesting, antiseptic, and toning. It is also considered anti-itching and bactericidal with an ability to neutralize skin irritations. Chamomile is excellent when used in the treatment of inflamed, itchy, or irritated acneic conditions.

**Ginseng Extract** - Credited for centuries as having therapeutic benefits for sores, bruises, swelling, and boils. Due to its hormone and vitamin content, it is believed to offer healing properties.



## Cucumber Bead Cleanser

Cucumber Bead Cleanser delivers deep refreshing cleansing without irritation or abrasion. Circular polyethylene granules in a cream base efficiently exfoliate pore-clogging oils and cellular debris.

**Skin Conditions:** For all skin types.

**Benefits:**

- ❑ The epidermis is exfoliated gently.
- ❑ Skin feels smoother.
- ❑ Reduces oily skin zones.
- ❑ Balances the skin.



**Usage:**

Apply a small amount to pre-moistened fingers and lightly massage to skin. Rinse with tepid water. May be used once or twice daily in place of soap or other cleansers.

**Sizes Available:** 6.7 oz., 18 oz.

**FEATURED ACTIVES:**

**Ammonium Lauryl Sulfate** - A surfactant with excellent emulsifying capabilities. Has a mild acidic pH level to help remove impurities.

**Polyethylene Beads** - Gently exfoliates the surface of the skin in a non-abrasive manner. May even be used by delicate skins if applied lightly.

**Cucumber Extract** - An aromatic extract that adds an astringent and antibacterial action. It is moisture binding and moisture regulating, soothing, tightening, anti-itching, and anti-inflammatory as well as refreshing, softening and healing.

**Grape Seed Oil** – There are numerous studies that demonstrate the many benefits of grape seed oil. Grade Seed extract is one of the most powerful antioxidants, protecting cells from free radical damage due to its high linoleic acid content.

**Glycerin** - Helps the skin retain moisture.

## Sensitive Skin Tonic

This calming, cleansing tonic helps balance pH levels in sensitive or irritated skin. Also ideal after a sunburn or post-laser, post-chemical peel, and post-microdermabrasion.

**Skin Types/Conditions:** For all skin types but particularly beneficial for dry or sensitive skin

### Benefits:

- ❑ The skin is rehydrated.
- ❑ Removes any additional impurities.
- ❑ Balances pH levels.
- ❑ Healing for sensitive or irritated skin.
- ❑ Helps bring vitality back to skin.

### Usage:

Using a cotton pad, apply to entire face. Repeat if desired. May be used by all skin types.

**Sizes Available:** 6.7 oz., 18 oz.

### FEATURED ACTIVES:

**Aloe Barbadensis Leaf Juice** - Improves the circulation and regenerates the cells. Its effects are soothing, astringent, and protecting. Aloe has been recognized for many years to also be anti-inflammatory and antibiotic. Aloe is also excellent for sensitive skins, rosacea conditions, and dry skin.

**Glycerin** - Helps the skin retain moisture.

**Allantoin** - An excellent ingredient for sensitive, acneic, and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile** - Chamomile extract has many beneficial properties including anti-inflammatory, soothing, decongesting, antiseptic, and toning. It is also considered anti-itching and bactericidal, with the ability to neutralize skin irritations. Excellent for the treatment of inflamed, itchy, or irritated acneic conditions.

**Ginseng** - Helps diminish wrinkles and helps reduce the symptoms of dry skin conditions.



## Zyme Peel (Powder & Activator)

A gentle exfoliating mask treatment. Formulated with pancreatic enzymes to help soften sebum and dissolve keratin build-up. Activation results from mixing this powder with the Zyme Peel Activator. Zyme Peel provides outstanding exfoliation for all skin types.

**Skin Types & Conditions:** All skin types.  
Targeted for deep cleansing and gentle resurfacing

### Benefits:

- ❑ Dissolves dead cell build up.
- ❑ Stimulates new cell production.
- ❑ Refines pores and skin texture.
- ❑ Enhances surface glow.



**Usage:** Add approximately one teaspoon of **Zyme Peel Powder** to one teaspoon of **Zyme Peel Activator** to create a creamy paste. Apply with semi-stiff fan brush. Enzyme mixture should be steamed on the client's face for 7-10 minutes. Remove with cotton pads or a damp facial cloth.

**Sizes Available:** 8 oz.

### FEATURED ACTIVES – ZYME PEEL POWDER:

**Pancreatin** -A bovine derivative that digests cells from the corneum layer. When used in skincare products, pancreatin is reported to improve wound healing, and aids in oxygenation. Pancreatin can act as a vasodilator and is credited with enhancing cellular absorption of nutrients into the skin.

**Kaolin (China Clay)** -This soft powder clay is a mixture of various aluminum silicates. It provides excellent coverage and has good absorption abilities for the oil and sweat secreted by the skin. It is easily removed by normal cleansing procedures and is considered a non-comedogenic ingredient.

### FEATURED ACTIVES – ZYME PEEL ACTIVATOR:

**Aloe Vera Gel** -Known for its anti-inflammatory and antibiotic properties. Aloe Vera is made up of the most precious substances of our skin – enzymes, vitamins, proteins, and minerals that support all skin functions and activate the skin's self-healing power. Aloe Vera helps maintain the skin's moisture balance and stimulates blood circulation. It has been used to calm and soothe burns and irritations, and it is moisturizing.

**Allantoin** -An excellent ingredient for sensitive, acneic, and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Chamomile Extract** - Has many beneficial properties including being anti-inflammatory, soothing, decongesting, antiseptic and toning. It is also considered anti-itching and bactericidal with an ability to neutralize skin irritations. Excellent in the treatment of inflamed, itchy, or irritated acneic conditions.

## Skin Nourishing Balm

The Skin Nourishing Balm helps heal the skin's protective barrier while delivering beneficial emollients, vitamins, and soothing natural extracts.

**Skin Conditions:** Dry, dehydrated or sensitive skin. Targeted for moisturizing, healing and calming.



### Benefits:

- ❑ Replenishes moisture.
- ❑ Softens and conditions.
- ❑ Calms irritation.

**Usage:** Ideally used as a massage balm for dry, dehydrated skin or at night to moisturize, soften, and nourish the skin.

**Size Available:** 2 oz.

### FEATURED ACTIVES:

**Calendula (*Calendula officinalis*)** - Derived from the Marigold plant, Calendula is well known for its ability to heal broken skin, and is credited with providing soothing, anti-septic and wound-healing properties

**High Altitude Lavender Oil**- Commonly used to help acne, control the production of sebum, rejuvenate the skin, and calm sunburn, and itching. Lavender is the most widely used essential oil in aromatherapy, particularly for its relaxing properties and use for sensitive, dry skin.

**Sweet Orange Oil** – (*Citrus sinensis*). A “skin rejuvenator”. The characteristic freshly peeled orange aroma of Sweet Orange essential oil is gently calming and uplifting when inhaled. For skin, it is anti-bacterial, astringent, cleansing and skin toning.

**Jojoba Oil** – Beneficial to help treat dry or oily skin. If your skin has an over production of sebum jojoba oil will dissolve clogged pores and restore the skin to its natural pH balance.

**Shea Butter** -Extremely therapeutic; helping to heal cracked, aged and damaged skin. Its chemical constituents help to heal bruising and soreness. Shea butter penetrates the skin and leaves it feeling soft and smooth.

**Kukui Nut** - High in essential fatty acids and particularly beneficial for sensitive skin, mature, damaged, wrinkled skin, aid in softening and restructuring the skin. High in linoleic and linolenic acids, which are essential fatty acids vital for the metabolism of healthy skin. Kukui nut oil is easily absorbed by the skin.

**Vitamin E T50** -A potent anti-oxidant that helps protect the skin from the damaging effects of UV radiation exposure and ozone damage. It is a great healer, particularly of burns and scars, and makes a wonderful stretch mark treatment or prevention. Vitamin E Oil can aid in the battle against acne by speeding healing, and can help prevent scarring from eczema and psoriasis. It also reduces the reddening of skin following sun exposure.

## Sensitive Skin Enzyme Mask

Anti-inflammatory hydration provides instant relief for maximum suppleness as non-irritating exfoliators enable skin to take in and retain moisture more effectively.



**Skin Conditions:** For sensitive or dehydrated skin.

**Benefits:**

- ❑ Smooths and “polishes” the skin texture
- ❑ Hydrates and leaves skin feeling moisturized and calm

**Usage:**

Apply liberally with fingers or a fan brush. Leave on 5-7 minutes then rinse off with water. May be used several times per week if desired to keep the skin glowing.

**Sizes Available:** 2oz, 8oz

**FEATURED ACTIVES:**

**Bentonite** - An excellent, non-comedogenic clay that helps calm the skin.

**Papaya** - Derived from papaya fruit, this non-abrasive ingredient is specific to dead cell digestion. Therefore, the risk of irritation or burning sometimes associated with alpha hydroxy acids is minimized. Softens sebum when activated and steamed on the skin.

**Safflower Oil** - This botanical seed extract is known to be hydrating and is excellent carrier oil. Safflower oil is non-comedogenic.

**Kaolin (China Clay)** - This soft powder clay is a mixture of various aluminum silicates. It provides excellent coverage and has good absorption abilities for the oil and sweat secreted by the skin. It is easily removed by normal cleansing procedures and is considered a non-comedogenic ingredient.

**Bromelain** - Derived from pineapple, this enzyme also digests keratinized cells. It has been used in folkloric medicine as an anti-inflammatory agent and blends with the papain enzyme.

**Titanium Dioxide** - When titanium dioxide is applied to the skin, it scatters UV light, offering the skin UV protection. This non-chemical SPF reduces the risk of an allergic reaction often attributed to using chemical sunscreens.

## Redness Relief Serum

Botanical extracts plus skin-balancing vitamins reduce transepidermal water loss, which in turn helps strengthen and balance the skin, reduce redness and inhibit future flare-ups.

**Skin Conditions:** For sensitive, inflamed or Rosacea-prone skin.

### Benefits:

- ❑ Helps “desensitize” the skin by drawing water into the skin.
- ❑ Anti-oxidant and anti-inflammatory benefits.
- ❑ Calms, soothes and softens the skin.

**Usage:** Apply to the face with fingers and massage in until penetrated. May use as often as desired, typically twice daily, under your moisturizer or sunscreen.

**Sizes Available:** 1 oz.

### FEATURED ACTIVES:

**Sodium PCA** - Serves as a high-performance humectant as it increases the skin moisture content. Derived from amino acids, Sodium PCA is beneficial for all skin types that are dehydrated.

**Panthenol** - This highly moisturizing ingredient aids in tissue repair and stimulates cellular proliferation. Panthenol also helps the skin promote wound healing and is anti-inflammatory. Its ability to attract water from the environment makes it provide added hydration and suppleness to the skin.

**Vitamin E (Tocopherol)** - An antioxidant found in essential oils and vegetable oils. Also known as Tocopherol, this wonderful vitamin is absorbed through the skin when applied topically. It is attributed with reducing skin pigmentation, decrease functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant.

**Green Tea Extract** - This extract is rich in potent antioxidants and helps reduce inflammation and swelling.

**Grape Seed Extract** - This extract is considered non-irritating and very soothing. It helps reduce redness in the skin. It decongests, acts as an antioxidant, and is anti-inflammatory. It is moisturizing and nourishing to the skin. It has naturally occurring Vitamin C, chlorophyll, and enzymes.



**Grapefruit Seed Extract** - This seed extract is known for its antiseptic and antibacterial properties. It has naturally occurring Vitamin C and is an antioxidant.

**Honey Extract** - This extract is composed of a variety of sugars, vitamins, enzymes, and amino acids. It works well when blended with other skin care ingredients and softens and moisturizes the skin. It creates a watertight film and permits the skin to re-hydrate itself.

## Collagen Eye Defense

Featuring a superior blend of penetrable lipids, Collagen Eye Defense gently plumps surface dehydration (without causing undereye bags) and fine lines while enhancing skin flexibility and improving texture.

**Skin Types & Conditions:** For All Skin Types.

### Benefits:

- ❑ Helps lighten pigmentation
- ❑ Gently tones & soothes the eyes
- ❑ Hydrates and moisturizes

### Usage:

After cleansing, apply to the delicate tissue around the eye area. Use twice daily before applying moisturizer.

**Sizes Available:** 0.5 oz., 2.5 oz.

### FEATURED ACTIVES:

**Hydrolyzed Collagen** - Beneficial for its ability to water- bind and retain moisture in the corneum layer, it creates a film that keeps the water ‘locked in’ reducing dehydration. A humectant and an anti-irritant, this stable protein is known to be non-allergic to all skin types.

**Hydrolyzed Elastin** - This refined ingredient is very effective in helping eliminate dryness, enhance flexibility and improve texture of the skin. It influences the formation of tropocollagen fibers when used with soluble collagen. It helps improve the overall appearance, softness, and suppleness of the skin.

**Wheat Germ Oil** - Known to be antioxidant and serves as a free radical scavenger.

**Retinyl Palmitate (Vitamin A)** - This essential vitamin for the skin favors tissue growth, helping improve the skin smoothness, firmness and texture. Applied topically, Vitamin A helps prevent scaling and dryness. Once Retinyl Palmitate enters the skin, it converts to retinoic acid and provides rejuvenation benefits as well as helping the skin fight off infection. An excellent aid in healing damaged skin tissue.

**Vitamin E (Tocopherol)** – An antioxidant found in essential oils and vegetable oils. Also known as tocopherol, this wonderful vitamin, when applied topically, is well absorbed through the skin. It is attributed with reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant.



**Licorice Root Extract** - This botanical extract has been used for hundreds of years for skin care. It is a native from Europe and China. Its benefits include suppressing melanin formation in the skin and it is considered an antioxidant. It is non-allergic, non-irritating, soothing, anti-inflammatory, and has an effect similar to hydrocortisone.

**Sodium Hyaluronate (Hyaluronic Acid)** - Occurring naturally in the dermis layer, its water absorbing abilities help the epidermis achieve much needed suppleness and moisture. Known for its wonderful water binding ability, this acid holds water tightly and, when applied, forms a film similar to the way it holds water in the intercellular matrix of the dermal connective tissue. It is also useful as a carrier for other active ingredients and extracts.

**Bilberry Extract** - This botanical extract has antiseptic, astringent, and anti-inflammatory qualities.

**Cucumber Extract** - This plant extract is credited with moisture-binding, moisture-regulating, soothing, tightening, anti-itching, refreshing, softening, healing, and anti-inflammatory properties.

**Jojoba Oil** - This botanical derived oil is used as a moisturizer and emollient. It has healing properties and reduces trans-epidermal water loss without blocking other essential ingredients from penetrating. It creates a supple and soft skin tone.

## Botanical Soothing Cream SPF 30

Aloe vera, vitamin E and vitamin A join forces to neutralize the redness and flushing that result from vascular over-stimulation. Non-irritating microfine zinc oxide provides full spectrum sunscreen protection.

**Skin Conditions:** For reddened, inflamed or rosacea-prone skin.

**Benefits:**

- ❑ Helps reduce flushing, redness, and vascular stimulation.
- ❑ Protects, calms, soothes and softens the skin

**Usage:** Apply generously with fingers to entire face and neck. Use daily.

**Sizes Available:** 2.5 oz., 6 oz.

**FEATURED ACTIVES:**

**Octinoxate 6%** – This ingredient is an excellent UV absorbing sunscreen. It is non-allergic, non-comedogenic.

**Octisalate 5%** – Absorbs ultraviolet light, protecting skin from the harmful effects of exposure to sunlight.

**Oxybenzone 3%**- A safe and effective sunscreen ingredient that is one of the most effective and highest rated substances to absorb UVA and UVB rays

**Zinc Oxide (2%)** - Blocks both UVA and UVB rays. It provides the broadest spectrum protection of any single sunscreen ingredient.

**Aloe Barbadosis Leaf Juice** - This plant extract improves the circulation and regenerates the cells. The effects are soothing, astringent, and protecting. Aloe has been recognized for many years as being anti-inflammatory and antibiotic. Aloe is also excellent for sensitive skin, rosacea conditions, and dry skin.

**Vitamin E (Tocopherol Acetate)** - Absorbed through the skin when applied topically, it is attributed with reducing skin pigmentation, decreasing functioning of the sebaceous glands, increasing water retention in the skin, and serving as a super antioxidant and free radical scavenger. It is also helpful as an UV protectant.

**Wheat Germ Oil** - Known to be antioxidant and serves as a free radical scavenger.



**Alpha Hydroxy Acid (AHAs)** - In this formulation a combination of naturally derived alpha hydroxy acids occur in the form of Lemon, Orange, Sugar Maple, and Cane Sugar extracts.

**Honey Extract** - This extract is composed of a variety of sugars, vitamins, enzymes, and amino acids. It works well when blended with other skin care ingredients and softens and moisturizes the skin. It creates a watertight film and permits the skin to re-hydrate itself.

**Grapefruit Seed Extract** - This seed extract is known for its antiseptic and antibacterial properties. It has naturally occurring Vitamin C and is an antioxidant.

**Allantoin** - An excellent ingredient for sensitive, acneic, and irritated skin conditions. It is a botanical extract derived from the comfrey root and is known to be healing. Furthermore, studies show that this extract aids in the healing of scarred skin by stimulating new tissue growth.

**Additional Notes**

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