

MATERIAL SAFETY DATA SHEET

Date Prepared:

File No. 00

No Blank Spaces Permitted By Law

SECTION I

PRODUCT INFORMATION

Trade Name(s) Appearing on Labels:
Migraine Miracle: Hormone Blend

Chemical Names:

Manufacturer/Distributor/Importers:
Migraine Miracle
POB 40444
Ft. Worth, TX 76140

Emergency Phone: 1- 800-705-7037

Business Phone:
800-705-7037

Poison Control Center:
800-222-1222

Preparer:
Molly Meloy Kelly
Aromatherapist

SECTION II

POTENTIALLY HAZARDOUS INGREDIENTS

Exposure Limits In Air

Chemical Identity	%	CAS Numbers	OSHA (PEL)	ACGIH (TLV)	Other
Lavandin Grosso	NA	NF	NF	NF	NF
Clary Sage	NA	NF	NF	NF	NF
Geranium, Bourbon	NA	NF	NF	NF	NF
Patchouli	NA	NF	NF	NF	NF
Mandarin, Red	NA	NF	NF	NF	NF
Litsea Cubeba	NA	NF	NF	NF	NF

SECTION III

REACTIVITY AND STORAGE

Proper Storage Conditions:
Store in dark bottles. Avoid sunlight and excessive heat. Stable under normal conditions.

Conditions to Avoid:
Elevated temperatures above 60 degrees centigrade. Avoid strong oxidizing agents.

Incompatibility (materials to avoid):
None noted or reported

Harmful By-products:
Burning produces carbon monoxide and carbon dioxide.

Stability: Stable Unstable _____ Hazardous Polymerization: May Occur _____ Will Not Occur

HAZARDOUS MATERIAL IDENTIFICATION SYSTEM RATINGS (HMIS)

HMIS Rating Scales: 0 = Minimal 1 = Slight 2 = Moderate 3 = Serious 4 = Severe

This Product's Rating: Health: N/D Flammability: N/D Reactivity: N/D
(With Other Chemicals)

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Product Must Be Used With Adequate Ventilation and in Accordance With Manufacturers Instructions.

Abbreviations used:

NE = not established
NKn = not known
N/A = not applicable
N/D = no data

IPA = Isopropyl Alcohol (Rubbing Alcohol)
mm HG = millimeters of Mercury
PEL = Permissible Exposure Limit
TLV = Threshold Limit Value

CAS = Chemical Abstract Number
NTP = National Toxicology Program
IRAC = International Agency for Research on
Cancer
OSHA = Occupational Safety & Health Admin.
CHEMTREC = Chemical Transportation
Emergency Center

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Other Information or Special Instructions:

None.

Date Prepared:

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SECTION I PRODUCT INFORMATION

Trade Name(s) Appearing on Labels:
Migraine Miracle: Environment Blend

Chemical Names:

Manufacturer/Distributor/Importers:
Migraine Miracle
POB 40444
Ft. Worth, TX 76140

Emergency Phone: 1-800-705-7037

Business Phone:
800-705-7037

Poison Control Center:
1-800-222-1222

Preparer:
Molly Meloy Kelly
Aromatherapist

SECTION II POTENTIALLY HAZARDOUS INGREDIENTS

Chemical Identity	%	CAS Numbers	Exposure Limits In Air			Other
			OSHA (PEL)	ACGIH (TLV)		
Lavandin Grosso	NA	NF	NF	NF	NF	NF
Chamomile, Roman	NA	NF	NF	NF	NF	NF
Peppermint, Super	NA	NF	NF	NF	NF	NF
Marjoram, Sweet	NA	NF	NF	NF	NF	NF
Rosemary	NA	NF	NF	NF	NF	NF

SECTION III REACTIVITY AND STORAGE

Proper Storage Conditions:
Store in dark bottles. Avoid sunlight and excessive heat. Stable under normal conditions.

Conditions to Avoid:
Elevated temperatures above 60 degrees centigrade. Avoid strong oxidizing agents.

Incompatibility (materials to avoid):
None noted or reported

Harmful By-products:
Burning produces carbon monoxide and carbon dioxide.

Stability: Stable X Unstable _____ Hazardous Polymerization: May Occur _____ Will Not Occur X

HAZARDOUS MATERIAL IDENTIFICATION SYSTEM RATINGS (HMIS)

HMIS Rating Scales: 0 = Minimal 1 = Slight 2 = Moderate 3 = Serious 4 = Severe

This Product's Rating: Health: N/D Flammability: N/D Reactivity: N/D
(With Other Chemicals)

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IPA = Isopropyl Alcohol (Rubbing Alcohol)
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Other Information or Special Instructions:

None.

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SECTION I PRODUCT INFORMATION

Trade Name(s) Appearing on Labels:
Migraine Miracle: Food Blend

Chemical Names:

Manufacturer/Distributor/Importers:
Migraine Miracle
POB 40444
Ft. Worth, Texas 76140

Emergency Phone: 1-800-705-7037

Business Phone:
800-705-7037

Poison Control Center:
800-222-1222

Preparer:
Molly Meloy Kelly
Aromatherapist

SECTION II POTENTIALLY HAZARDOUS INGREDIENTS

Exposure Limits In Air

<u>Chemical Identity</u>	<u>%</u>	<u>CAS Numbers</u>	<u>OSHA (PEL)</u>	<u>ACGIH (TLV)</u>	<u>Other</u>
Lavandin Grosso	NA	NF	NF	NF	NF
Fennel, Sweet	NA	NF	NF	NF	NF
Peppermint, Super	NA	NF	NF	NF	NF
Basil, Sweet	NA	NF	NF	NF	NF
Lemon, Italian	NA	NF	NF	NF	NF

SECTION III REACTIVITY AND STORAGE

Proper Storage Conditions:

Store in dark bottles. Avoid sunlight and excessive heat. Stable under normal conditions.

Conditions to Avoid:

Elevated temperatures above 60 degrees centigrade. Avoid strong oxidizing agents.

Incompatibility (materials to avoid):

None noted or reported

Harmful By-products:

Burning produces carbon monoxide and carbon dioxide.

Stability: Stable Unstable _____ Hazardous Polymerization: May Occur _____ Will Not Occur

HAZARDOUS MATERIAL IDENTIFICATION SYSTEM RATINGS (HMIS)

HMIS Rating Scales: 0 = Minimal 1 = Slight 2 = Moderate 3 = Serious 4 = Severe

This Product's Rating: Health: N/D Flammability: N/D Reactivity: N/D
(With Other Chemicals)

SECTION IV	HEALTH HAZARDS
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Route(s) of Entry Into the Body: Inhalation: **X** Skin: **X** Ingestion: _____

Ingredient(s) Listed as Cancer Causing Agents: NTP: **No** IARC Monographs: **NA** OSHA Registered: **No**
None Noted

Health Hazards (Resulting from misuse or overexposure):

May irritate the eyes. Vapor may irritate the throat and lungs.

Short Term Effects:

Inhalation:

Breathing high concentrations may cause anesthetic effects.

Skin Contact:

Repeated contact with the skin may cause contact dermatitis.

Eye Contact:

May irritate the eyes (burning sensation) of substance makes contact with eye tissue.

Long Term Effects:

None Noted. Substance is broken down in the liver after 20 minutes and released.

Signs and Symptoms of Over-Exposure:

Inhalation:

Light-headedness and temporary anesthetic effect.

Skin Contact:

May cause skin to redden in the area which it is applied.

Eye Contact:

May burn the eyes of the substance comes in contact with eye tissue.

Medical Conditions Generally Aggravated by Exposure:

Severe respiratory conditions such as COPD and Emphysema.

Emergency and First Aid Treatment

Eye Contact:

Flush the eye with vegetable oil (not water) for 15 minutes after exposure.

Skin Contact:

Remove contaminated clothing and wash the affected area with soap and water.

Inhalation:

Move away from the substance and obtain fresh air.

Ingestion:

Drink vegetable oil or milk to dilute. Call Poison Control if nausea does not subside after a period of one hour.

Target Organ(s) Effected:

As with all essential oils, the substance is absorbed through the skin and also through the lungs. It is released into the cells of the body, where it is detoxified through the liver and then leaves the body via perspiration, respiration and urination.

SECTION V	CONTROL MEASURES
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Specified Respiratory Protection:

Usually not necessary, but approved respirator can be used if desired..

Ventilation Required: _____ Local Exhaust: X _____ Special: _____ (Specify)

Protective Gloves:

Use chemically resistant gloves.

Eye Protection:

Eye protection is not required to handle this substance. If desired, use splash-proof goggles.

Work/Hygienic Practices:

Wash the hands before and after handling the substance. Use standard safety procedures.

Other Special Precautions of Protective Equipment:

Eye Wash station and safety shower recommended in the area.

SECTION VI	PRECAUTIONS FOR SAFE HANDLING AND USE
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Precautions to Be Taken in Handling and Storage:

Store in a cool, dark area away from extremes of heat and cold. The substance loses its potency after 18 months to two years.

Other Precautions for Safe Use:

Use best standards of practice.

Procedures to Be Followed in the Event of a Spill:

If the material is spilled, eliminate flames and other sources of ignition. Wipe small areas with a cloth and large areas with a porous absorbent.

Waste Disposal Method:

Follow the state, local and federal laws for the removal of substances.

SECTION VII	PHYSICAL CHARACTERISTICS
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Water Solubility: Insoluble	Specific Gravity (H ₂ O = 1): 0.911	Boiling Point: N/D
Appearance: clear to pale yellow	Vapor Pressure (mm Hg): NA	Melting Point: NA
Physical Form: Liquid	Vapor Density (air = 1): NA	Odor: slightly floral
Percent Volatile by Weight: less than .05%	Evaporation Rate (IPA =1): N/D	

SECTION VIII	FIRE AND EXPLOSION DATA
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Flash Point: <u> 63-74 </u> °C	_____ °F	Method Used: <u> Closed Cup </u>
<u> Extinguishing Media </u>		
Flammable Limits in Air, % Volume	<u> X </u>	<u> X </u>
	Foam	Other(specify)
LeL: <u> N/D </u>	UeL: _____	Water Spray _____ Alcohol Foam _____ Dry Chemical _____ Carbon Dioxide _____

Special Fire Fighting Procedures:

None Known. Use self-contained breathing apparatus and protective clothing.

Unusual Fire and/or Explosion Hazards:

Burning produces carbon monoxide and carbon dioxide.

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Other Information or Special Instructions:

None.

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SECTION I

PRODUCT INFORMATION

Trade Name(s) Appearing on Labels:
Migraine Miracle: Stress Blend

Chemical Names:

Manufacturer/Distributor/Importers:
Migraine Miracle
POB 40444
Ft. Worth, Texas 76140

Emergency Phone: 1-800-705-7037

Business Phone:
800-705-7037

Poison Control Center:
800-7222-1222

Preparer:
Molly Meloy Kelly
Aromatherapist

SECTION II

POTENTIALLY HAZARDOUS INGREDIENTS

Exposure Limits In Air

Chemical Identity	%	CAS Numbers	OSHA (PEL)	ACGIH (TLV)	Other
Lavandin Grosso	NA	NF	NF	NF	NF
Clary Sage	NA	NF	NF	NF	NF
Frankincense	NA	NF	NF	NF	NF
Spikenard	NA	NF	NF	NF	NF
Mandarin, Red	NA	NF	NF	NF	NF

SECTION III

REACTIVITY AND STORAGE

Proper Storage Conditions:

Store in dark bottles. Avoid sunlight and excessive heat. Stable under normal conditions.

Conditions to Avoid:

Elevated temperatures above 60 degrees centigrade. Avoid strong oxidizing agents.

Incompatibility (materials to avoid):

None noted or reported

Harmful By-products:

Burning produces carbon monoxide and carbon dioxide.

Stability: Stable Unstable _____ Hazardous Polymerization: May Occur _____ Will Not Occur

HAZARDOUS MATERIAL IDENTIFICATION SYSTEM RATINGS (HMIS)

HMIS Rating Scales: 0 = Minimal 1 = Slight 2 = Moderate 3 = Serious 4 = Severe

This Product's Rating: Health: N/D Flammability: N/D Reactivity: N/D
(With Other Chemicals)

SECTION IV	HEALTH HAZARDS
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Route(s) of Entry Into the Body: Inhalation: **X** Skin: **X** Ingestion: _____

Ingredient(s) Listed as Cancer Causing Agents: NTP: **No** IARC Monographs: **NA** OSHA Registered: **No**
 None Noted

Health Hazards (Resulting from misuse or overexposure):

May irritate the eyes. Vapor may irritate the throat and lungs.

Short Term Effects:

Inhalation:

Breathing high concentrations may cause anesthetic effects.

Skin Contact:

Repeated contact with the skin may cause contact dermatitis.

Eye Contact:

May irritate the eyes (burning sensation) of substance makes contact with eye tissue.

Long Term Effects:

None Noted. Substance is broken down in the liver after 20 minutes and released.

Signs and Symptoms of Over-Exposure:

Inhalation:

Light-headedness and temporary anesthetic effect.

Skin Contact:

May cause skin to redden in the area which it is applied.

Eye Contact:

May burn the eyes of the substance comes in contact with eye tissue.

Medical Conditions Generally Aggravated by Exposure:

Severe respiratory conditions such as COPD and Emphysema.

Emergency and First Aid Treatment

Eye Contact:

Flush the eye with vegetable oil (not water) for 15 minutes after exposure.

Skin Contact:

Remove contaminated clothing and wash the affected area with soap and water.

Inhalation:

Move away from the substance and obtain fresh air.

Ingestion:

Drink vegetable oil or milk to dilute. Call Poison Control if nausea does not subside after a period of one hour.

Target Organ(s) Effected:

As with all essential oils, the substance is absorbed through the skin and also through the lungs. It is released into the cells of the body, where it is detoxified through the liver and then leaves the body via perspiration, respiration and urination.

SECTION V	CONTROL MEASURES
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Specified Respiratory Protection:

Usually not necessary, but approved respirator can be used if desired..

Ventilation Required: _____ Local Exhaust: X _____ Special: _____ (Specify)

Protective Gloves:

Use chemically resistant gloves.

Eye Protection:

Eye protection is not required to handle this substance. If desired, use splash-proof goggles.

Work/Hygienic Practices:

Wash the hands before and after handling the substance. Use standard safety procedures.

Other Special Precautions of Protective Equipment:

Eye Wash station and safety shower recommended in the area.

SECTION VI	PRECAUTIONS FOR SAFE HANDLING AND USE
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Precautions to Be Taken in Handling and Storage:

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Other Precautions for Safe Use:

Use best standards of practice.

Procedures to Be Followed in the Event of a Spill:

If the material is spilled, eliminate flames and other sources of ignition. Wipe small areas with a cloth and large areas with a porous absorbent.

Waste Disposal Method:

Follow the state, local and federal laws for the removal of substances.

SECTION VII	PHYSICAL CHARACTERISTICS
--------------------	---------------------------------

Water Solubility: Insoluble	Specific Gravity (H ₂ O = 1): 0.911	Boiling Point: N/D
Appearance: pale yellow to orange yellow	Vapor Pressure (mm Hg): NA	Melting Point: NA
Physical Form: Liquid	Vapor Density (air = 1): NA	Odor: slightly floral
Percent Volatile by Weight: less than .05%	Evaporation Rate (IPA =1): N/D	

SECTION VIII	FIRE AND EXPLOSION DATA
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Flash Point: <u> 43-160 </u> °C _____ °F	Method Used: <u> Closed Cup </u>	
<u> Extinguishing Media </u>		
Flammable Limits in Air, % Volume	<u> X </u>	<u> X </u>
	Foam	Other(specify)
LeL: <u> N/D </u> UeL: _____		Water Spray _____ Alcohol Foam _____ Dry Chemical _____ Carbon Dioxide _____

Special Fire Fighting Procedures:

None Known. Use self-contained breathing apparatus and protective clothing.

Unusual Fire and/or Explosion Hazards:

Burning produces carbon monoxide and carbon dioxide.

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